

Individual Project Coaching

Target group: Employees who work in projects and need individual support or facilitation for specific challenges

Objectives:

- Improvement of personal communication, motivation, conflict resolution and project management competences
- Sustainable support in dealing with specific project (team) issues
- Fostering professional and personal development

Scope:

- Identification of specific needs and goals
- Analysis of individual character-profile by the "MB Quattro® Coaching Pentagon"
- Elaboration of a customized project coaching and facilitation plan
- Support in the application of best practices and project management methods (classic, agile, hybrid, AI-supported)
- Monitoring of the jointly developed improvement measures being documented in a personalized "Coaching Booklet" (living document)
- "Quality Gates", i.e. questionnaires, feedback loops and reflection rounds to evaluate progress transparently with the support of the coach/facilitator

Duration: 90 minutes per session

Language: German and English possible

Execution: Face-to-face and online coaching

Competence profile: Dr. Marco Benkert



- Business Coach® (IHK)
- Certified Trainer® (GPM)
- Senior Project Manager® (IPMA)
- Project Management Professional® (PMI)
- Scrum Master® (Scrum.org)
- Strategy Professional® (Hochschule St. Gallen)
- > 20 years in project & program management positions for major international projects (sales responsibility up to EUR 340 million) in Africa, America, Asia, Europe and the Middle East as well as for internal strategic initiatives
- > 5 years of disciplinary management responsibilities, including Head of Customer Project Management Department
- > 7 years as mentor and assessor for management trainee programs

In addition to his entrepreneurial background, Marco served for 12 years in the Special Operations Division of the German Armed Forces and NATO as a liaison officer. During this time, he was seconded to the BKA (the German equivalent of the American FBI) and BBK (Federal Office of Civil Protection and Disaster Assistance), where he gained valuable experience in crisis management, communication techniques and negotiation tactics. These skills, originally developed for high-stakes scenarios such as hostage rescues, have proven equally effective in coaching, business negotiations and everyday professional interactions.